

The Buddha was born Siddhartha Gautama in a town called Lumbini, in India, near Nepal about 2500 years ago	Before his birth, his Mother Queen Maya had a dream a special dream that meant the child was going to be important.	The King did not want his son to see suffering. Siddhartha lived a life of luxury sheltered from the realities of the world. He married a beautiful princess, Yasodhara.	The King attempted to protect Siddhartha from the world but he was not happy living like a prisoner. One day he went out hunting and he saw four sights: Old age, Sickness, Death and a holy man (Poverty).
Each of the four sights made Siddhartha sad and this made him think about life. The day after his son Rahula was born; Siddhartha decided that he must leave home in a quest for enlightenment.	He spent six years travelling around India. He then lived as a Holy man with no money, clothes or luxury. He near to death when he realised this was not the answer. He decided a middle way was better between extreme luxury and extreme poverty	Siddhartha sat himself under a Bodhi tree and meditated. He was faced with many temptations sent by Mara - the force of evil. Then gradually as morning came he saw things in a new way, he became enlightened and the supreme Buddha.	He decided to share his teachings and ideas. In Buddhism, there is one person whose life and teaching helps people to understand more about life. Buddhists believe he was the wisest teacher of all. His name was Siddhartha Gautama but he is known by his special title; the Buddha.